

A FOCUS ON SOCIAL EMOTIONAL LEARNING AND WELL-BEING

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Marc Brackett, Ph.D., is the Founder and Director of the Yale Center for Emotional Intelligence and a Professor in the Child Study Center of Yale University. He is the lead developer of RULER, an evidence-based approach to social and emotional learning that has been adopted by nearly 2,000 pre-K through high schools across the United States and in other countries. He also serves on the Board of Directors for the Collaborative for Academic, Social, and Emotional Learning (CASEL). As a researcher for over 20 years, Brackett has focused on the role of emotions and emotional intelligence in learning, decision making, creativity, relationships, health, and performance. He has published 125 scholarly articles and received numerous awards and accolades for his work in this area. He also consults regularly with corporations, such as Facebook, Microsoft, and Google on integrating the principles of emotional intelligence into employee training and product design. Most recently, he co-founded Oji Life Lab, a corporate learning firm that develops innovative digital learning systems on emotional intelligence. Brackett's mission is to educate the world about the value of emotions and the skills associated with using them wisely. "I want everyone to become an emotion scientist", he says. "We need to be curious explorers of our own and others' emotions so they can help us achieve our goals and improve our lives."

Marc's institute: [Yale Center for Emotional Intelligence](https://www.yale.edu/emotional-intelligence)



Andy Hargreaves, the President of ARC, is Visiting Professor at the University of Ottawa and Research Professor at Boston College. He is also the Director of the new Change, Engagement and Innovation in Education: A Canadian Collaboratory (CHENINE) which is a national, interdisciplinary Canadian Centre with global impact and reach, conceived to create and to coordinate technological, pedagogical, curriculum and research infrastructure. Dr. Hargreaves is a Past President of the International Congress of School Effectiveness and Improvement, Founding Editor-in-Chief of the Journal of Professional Capital and Community, and Adviser in Education to the Premier of Ontario (2015-2017) and the First Minister of Scotland.



Ársæll Már Arnarsson is a professor in the University of Iceland School of Education. He holds a PhD in Biomedical Sciences, an MSc degree in Health Sciences, and a BA degree in Psychology. His works focuses on the health and well-being of adolescents. He was the principal investigator for the Health Behaviour of School-Aged Children ([HBSC](#)) survey and the European School Survey Project on [Alcohol and Other Drugs \(ESPAD\)](#). His publications cover a range of well-being topics such as bullying, sexual orientation, mental diseases and suicide. Since 2021 he is the Scientific Director of the Icelandic Youth Survey.